

Recipe

From the Kitchen of:
Lindsey Heatherly

TITLE: "Lunch the Day Before Payday"

Serves: 1 Prep. Time: <1 min. Cook Time: 2 mins.

Ingredients: 1/2 can of unseasoned pinto beans bought
from the discount store where your debit
card was declined

1 small baked potato (best if salvaged from
a bag of rotten spuds) left over from supper
the night before where the best you could
manage was turning on the oven, setting a
timer, and walking away

1 generous sprinkling of salt, incidentally
always plentiful

Directions: Place potato in the bottom of the Chinese
take-out soup container that you saved in memory of
the day you survived.

Pour 1/2 can of beans on top of potato to tuck away your
desire, again, for the relief of death.

Nuke for 2 minutes. Add salt.

Nutritious ...
... and Delicious!!!

